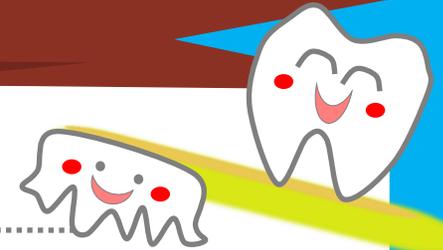
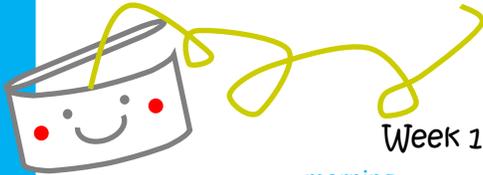


# I ♥ TO BRUSH & FLOSS CHART



Name: \_\_\_\_\_

Month: \_\_\_\_\_



Use your favorite color to fill in the circles below each time you brush and floss!

	Week 1			Week 2			Week 3			Week 4			Great Job!
	morning	evening		morning	evening		morning	evening		morning	evening		
Sunday	(B)	(B)	(F)	★									
Monday	(B)	(B)	(F)	★									
Tuesday	(B)	(B)	(F)	★									
Wednesday	(B)	(B)	(F)	★									
Thursday	(B)	(B)	(F)	★									
Friday	(B)	(B)	(F)	★									
Saturday	(B)	(B)	(F)	★									

Common questions and answers for grown-ups:

**Q: What kind of toothbrush should my child use?**

**A:** Look for a child-sized brush with a small head and extra soft bristles. Let your child choose the color to get them excited to brush!

**Q: How much toothpaste should children use?**

**A:** A smear for children under 3; a pea-size amount for children ages 3 to 6 years.

